Chapter 1: The Development of a Profession

MULTIPLE CHOICE

1. Identify the most important element in nursing’s attempt to gain full autonomy of practice.
A) Economic exploitation of nurses
B) Maintaining the education system for nurses as it is now
C) Gaining and maintaining control of nursing practice by nurses
D) Restricting the latitude of decisions made by nurses

ANS: C PTS: 1 DIF: Medium
TOP: The Development of a Profession

2. In its attempt to gain freedom and independence, what corresponding factors must the nursing profession embrace?
A) Health and happiness
B) Chaos and disorder
C) Loss of control and negative feedback
D) Responsibility and accountability
3. Select the most effective method that nurses can use to gain power over their practice.
   A) Use strikes and union tactics to increase pay.
   B) Join professional organizations in large numbers.
   C) Leave nursing as soon as better jobs come along.
   D) Confront hospital administrators about poor staffing.

ANS: B PTS: 1 DIF: Medium

4. What allows a nurse to exert referent power over a client when providing nursing care?
   A) The ability to withhold pain medication if the client does not comply with routines
   B) The ability to provide the client with additional food when he or she does comply with the nurse’s requests
   C) The power given to the nurse by reason of state licensure
   D) The establishment of a professional and personal relationship with the client

ANS: D PTS: 1 DIF: Medium

5. What is a group of jobs that is similar in type of work and found throughout an industry or country?
   A) Position
   B) Occupation
   C) Profession
   D) Stint
6. Which of the following types of nurses are classified as technical nurses?
A) BSNs and MSNs
B) LPNs and ADNs
C) LVNs and BSNs
D) UAPs and BSNs

ANS: B PTS: 1 DIF: Easy

7. Identify the approach that describes a profession as being in a continual state of development along a continuum.
A) Trait approach
B) Power approach
C) Process approach
D) Educational approach

ANS: C PTS: 1 DIF: Easy

8. A nursing student is approached by a friend who is not majoring in nursing. The friend asks why the nursing profession does not seem to be actively involved in the women’s rights movement. How can the student best respond to this question?
A) Nurses do take an active part in leading the women’s rights movement, but it is done very quietly.
B) The women’s rights movement shuns participation by nurses because of nursing’s subservient image.
C) The health-care industry discourages nurses from becoming involved in women’s rights issues.
D) Nurses avoid becoming involved in women’s rights issues because of their traditional role as “helpers.”

ANS: D PTS: 1 DIF: Hard
TOP: The Development of a Profession

9. Identify the element that is the best indicator of increasing accountability in the profession of nursing.
A) Increasing pay scale for staff nurses
B) Improved public image of nurses on TV and in movies
C) Demonstration of competency and high-quality care through peer review
D) Taking care of larger numbers of clients with the help of unlicensed assistive personnel

ANS: C PTS: 1 DIF: Medium
TOP: The Development of a Profession

10. What is the best method for nurses to prepare for future professional practice?
A) Take additional courses in the use of computers.
B) Understand and explore the issues involved in professionalism as nurses.
C) Accept that nursing is a profession.
D) Cross-train with other health-care providers such as physical therapists, laboratory technicians, and radiologists.

ANS: B PTS: 1 DIF: Medium
TOP: The Development of a Profession

11. What allows a nurse to exert coercive power over a client when providing nursing care?
A) The ability to withhold pain medication if the client does not comply with routines
B) The ability to provide the client with additional food when he or she does comply with the nurse’s requests
C) The power given to the nurse by reason of state licensure
D) The establishment of a professional and personal relationship with the client

ANS: A PTS: 1 DIF: Hard

TOP: The Development of a Profession
KEY: Cognitive Domain: Analysis | Integrated Process: Implementation | Client Need: Physiological Integrity

12. What allows a nurse to exert legitimate power over a client when providing nursing care?
A) The ability to withhold pain medication if the client does not comply with routines
B) The ability to provide the client with additional food when he or she does comply with the nurse’s requests
C) The power given to the nurse by reason of state licensure
D) The establishment of a professional and personal relationship with the client

ANS: D PTS: 1 DIF: Medium

TOP: The Development of a Profession
KEY: Cognitive Domain: Application | Integrated Process: Implementation | Client Need: Physiological Integrity

13. Select the trait of a profession that requires the most improvement in the promotion and recognition of nursing as a full and equal profession.
A) Activities involve a high level of individual responsibility.
B) Activities are based on a specialized body of knowledge.
C) Activities serve the public and are generally altruistic in nature.
D) Activities are learned in institutions of higher education.

ANS: D PTS: 1 DIF: Medium

TOP: The Development of a Profession

14. Which statement is the best description of a profession from the power approach method of defining a profession?
A) The members of the profession attain all the traits required for that profession.
B) The members of the profession have high income levels.
C) The profession is near the end of its developmental process.
D) The education for the members of the profession must be attained in graduate schools.

ANS: D PTS: 1 DIF: Medium
TOP: The Development of a Profession

COMPLETION

1. List in correct order the progression of the levels of health-care providers from the most educated to the least educated. (Enter the letter of each in the proper sequence; do not use commas or spaces.)

A) APRN
B) LPN-VN
C) ADN-RN
D) UAP
E) BSN-RN

ANS: EBCAD

PTS: 1 DIF: Medium TOP: The Development of a Profession

2. Fill in the blank with the appropriate word to complete the statement:
The overall goal of nurses who work as case managers is to _______________ the use of health-care services in the most efficient and cost-effective manner possible.

ANS: coordinate

PTS: 1 DIF: Medium TOP: The Development of a Profession
KEY: Cognitive Domain: Analysis | Integrated Process: Problem Identification | Client Need: Psychosocial Integrity
Chapter 2: Historical Perspectives

MULTIPLE CHOICE

1. The early Christian era brought which of these important changes in health care?

A) The development of aqueducts and sewage systems

B) A belief in the sanctity of life

C) A deep understanding of the anatomy of the human body

D) The shift of care from the home to large hospitals

ANS: B PTS: 1 DIF: Medium TOP: Historical Perspectives |


2. Which development during the European Middle Ages led to a major improvement in health care?

A) A rapid growth in medical knowledge

B) Establishment of large central hospitals

C) Growth of religious orders to care for the sick

D) A shift to care of ill persons by women

ANS: C PTS: 1 DIF: Hard TOP: Historical Perspectives

KEY: Cognitive Domain: Analysis

3. Who is called the “father of modern medicine”?

A) William Harvey
B) Hippocrates
C) Cyrus the Great
D) Emperor Darius

ANS: A PTS: 1 DIF: Easy TOP: Historical Perspectives

4. What are the dates of Florence Nightingale’s birth and death?

A) March 3, 1578; June 10, 1657
B) January 9, 1715; September 30, 1785
C) May 12, 1820; August 13, 1910
D) April 15, 1932; December 10, 1957

ANS: C PTS: 1 DIF: Easy TOP: Historical Perspectives

5. Identify a key element in the success of Nightingale’s school of nursing.

A) It was not under control of the hospital.
B) Large amounts of private funds were paid to well-qualified teachers.
C) The Watson Model for nursing was used.
D) The primary goal was service to the hospital rather than education.

ANS: A PTS: 1 DIF: Medium TOP: Historical Perspectives
6. What was a major goal of Lavinia Dock?

A) Establish a new nursing organization.

B) Publish a nursing journal.

C) Obtain the right to vote for women.

D) Improve the education for nurses.

ANS: C PTS: 1 DIF: Medium TOP: Historical Perspectives

7. Which belief about what nurses needed to do shaped Lillian D. Wald’s nursing practice?

A) Spend more time in clinical preparation and less time in the classroom.

B) Fight political corruption to procure the types of legislation needed to improve social conditions.

C) Conduct more research into the conditions of hospital patients.

D) Stand up to medical doctors who were arrogant and obnoxious.

ANS: B PTS: 1 DIF: Medium TOP: Historical Perspectives

8. Which problem had the most severe effect on nursing education during the 1920s and 1930s?
A) Too many college-based schools of nursing  
B) A lack of qualified nursing instructors  
C) Too many nursing students from the lower and middle classes  
D) Not enough demand for educated nurses  

ANS: B PTS: 1 DIF: Hard TOP: Historical Perspectives  

9. Identify a negative effect that World War II had on health care in the United States.  
A) A rapid increase in medical knowledge  
B) Expanded health-care services  
C) Increased use of LPNs and aides to substitute for a lower number of RNs  
D) Increases in pay for nurses  

ANS: C PTS: 1 DIF: Medium TOP: Historical Perspectives  

10. Select the statement that most accurately states the effects of increasing populations on health care.  
A) Economically depressed populations have fewer health-care needs.  
B) Larger populations often lead to large numbers of well-educated and well-nourished people.  
C) Large groups of economically depressed people tend to live in rural areas.
D) Crowded living conditions in cities lead to the spread of communicable diseases.

ANS: D PTS: 1 DIF: Easy TOP: Historical Perspectives


11. Which characteristic of health care in ancient civilizations distinguishes it from the health care of today?

A) Health care was closely related to religious practices.

B) Most health care was provided by women.

C) Health care focused on curing the sick and injured.

D) Physicians received extensive education in formal schools.

ANS: A PTS: 1 DIF: Medium TOP: Historical Perspectives


12. What are two similarities between the health care provided by the ancient Hebrews and that practiced by the ancient Egyptians?

A) The belief that disease was caused by evil spirits and the use of health spas

B) Trained women as the primary care providers and the use of many medications

C) Majority of health care provided in hospitals and the use of medical specialization

D) Emphasis on sanitation and well-developed knowledge of surgical techniques

ANS: D PTS: 1 DIF: Hard TOP: Historical Perspectives

13. Select the element of the medical practice of Hippocrates that remains appropriate for the health-care providers of the 21st century.

A) Belief that disease is a result of failure to comply with the natural law

B) The whole client needs to be treated: the mind, body, and spirit

C) Only physicians have enough education to provide safe health care

D) Hospitals should be avoided unless there are no other treatment options

ANS: B PTS: 1 DIF: Hard TOP: Historical Perspectives


14. Identify the characteristic of ancient Roman society that distinguished the health-care practices of the empire from those of its surrounding neighbors.

A) Use of slaves to provide basic health care

B) Belief that the Roman Emperor was a descendent of a god

C) Lack of concern about the sanctity of life

D) Relatively high social status allotted to Roman women

ANS: D PTS: 1 DIF: Medium TOP: Historical Perspectives


15. To what event and to which period of history is the disappearance of male nurses usually attributed?

A) The Crusades during the Dark Ages

B) The use of medical inventions during the Renaissance
C) The Protestant Reformation during the Middle Ages

D) The rapid population growth during the Industrial Revolution

ANS: C PTS: 1 DIF: Medium TOP: Historical Perspectives

KEY:Cognitive Domain: Application| Integrated Process: Problem Identification| Client Need: Psychosocial Integrity

16. For which contribution to professional nursing is Isabel Adams Hampton Robb most noted?

A) Raising the standards for nursing education

B) Developing storefront clinics in New York City

C) Advocating the use of MASH units during the Korean War

D) Changing the laws that affect health care of the poor

ANS: APTS:1DIF:Medium

KEY:Cognitive Domain: Comprehension| Integrated Process: Intervention| Client Need: Safe and Effective Care Environment

17. Who is credited with the development of the nurse practitioner role?

A) Anne Goodrich

B) Loretta Ford

C) Isabel Robb

D) Barak Obama

ANS: B PTS: 1 DIF: Medium TOP: Historical Perspectives

18. What situation led to the development of the nurse practitioner role?

A) Not enough regular nurse jobs for the excessive number of BS graduates.

B) Nurses with advanced degrees recognizing they could function in a primary physician role.

C) A shortage of health care providers in rural areas of the county.

D) Hospitals seeking a less expensive source of primary care providers.

ANS: C  PTS: 1  DIF: Medium  TOP: Historical Perspectives


COMPLETION

1. List the following civilizations in their correct time sequence. *(Enter the letter of each in the proper sequence; do not use commas or spaces.)*

A) Greek Empire

B) Ancient Hebrews

C) Roman Empire

D) Egyptian Empire

E) Taoism

ANS: DCEBA

PTS: 1  DIF: Hard  TOP: Historical Perspectives


2. Complete the following statement by filling in the blank with the correct word.
The Dark Ages brought the advent of __________ __________ __________ that were composed exclusively of men who wore suits of armor to protect themselves and their hospitals.

ANS: military; nursing; orders

PTS: 1 DIF: Medium TOP: Historical Perspectives